



NURSING PRACTICE THEORY

NUR 114-8

Course Name

Code Number

TOTAL CREDIT HOURS 128

PREREQUISITE(S) NUR 106

**I. PHILOSOPHY/GOALS:**

The purpose of this course is to prepare the student to use the nursing process in assisting clients to maintain and promote adaptation. Nursing is viewed within the context of the adaptation conceptual framework. This involves detailed examination of the steps in the nursing process, assessment, planning, intervention and evaluation. Emphasis is given to the theory and skills necessary for effective communication in promoting adaptation. The cognitive, affective and psychomotor domains of learning are involved throughout.

**II- STUDENT PERFORMANCE OBJECTIVES:**

Upon successful completion of this course the student will:

- 1) explain the relationship between adaptation and nursing practice in assisting clients who require support to maintain and promote adaptation.
- 2) demonstrate the use of the nursing process for individuals who require support to maintain and promote adaptation.
- 3) apply theory concepts and principles of interpersonal relationships in the nursing process.
- 4) determine the relevance of values to nursing practice.
- 5) comply with professional expectations regarding accountability.
- 6) recognize the need for the nurse to be a continuous learner.
- 7) recognize the impact of the structure and function of the health care system on current practice situations.
- 8) apply knowledge of medical terminology in classroom and clinical practice.

**III. TOPICS TO BE COVERED:**

Pain	Temperature
Protection	Communication
Charting	Interdependence
Adaptation, Health & the Nursing Process	Sexuality
Oxygen & Circulation	Self Concept
Elimination	Nutrition

**IV. LEARNING ACTIVITIES**

**REQUIRED RESOURCES**

Details of learning activities and required resources are outlined in the individual unit objectives for NUR 114-8

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V. EVALUATION METHODS (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

GRADING METHODS AND SUPPLEMENTAL EXAMINATIONS FOR SEMESTER II BEGINNING JANUARY 9, 1991.

METHODS OF ASSESSMENT (GRADING METHOD):

- 1. Grading: A+ 90-100%
- A 80- 89%
- B 70- 79%
- I BELOW 70%

2. Mark Allocation for Semester II:

TERM WORK	UNIT TESTS	210 MARKS
	FINAL EXAM	110 MARKS
		320 MARKS

FINAL MARK	YOUR MARK	X 100
	320	

WEEKLY TEST SCHEDULE

TEST #	TIME	UNITS	MARKS
TEST #1	January 30	Pain Protection Charting Nutrition Medical Terminology	50
TEST #2	February 20	Nutrition Role Oxygen & Circulation Communication Medical Terminology	56
TEST #3	March 20	Oxygen & Circulation Communication Medical Terminology Nutrition Elimination	54

TEST #4	April	10	Medical Terminology Self Concept Nutrition Interdependence Communication Elimination	60
				210
FINAL EXAM	Week of Apr. 22		Sexuality in addition to other Units	jj^
	320			

### 3. Supplemental Examination;

A supplemental examination may be offered in this course at the discretion of the teacher and the Dean, subject to the following criteria.

- i) A student must have achieved a passing grade (70%) on 50% of the term tests ie. 70% on two out of four tests, and 60% on the final examination.
- ii) The entire semester's course material will be tested.
- iii) The multiple choice format will not necessarily be used in the supplemental examination.
- iv) The final grade for the semester will be based solely on the supplemental examination ie. the term mark will not be averaged in with this examination mark. The grade achieved will not be higher than a B.
- v) A student may not attempt the supplemental examination more than once.

### 4. Absence From Tests:

If a student is absent for a test on the scheduled test day, the student may be required to an alternate form of testing (ie. essay, short answer, oral and/or combination).

VI. **REQUIRED STUDENT RESOURCES:**

**TEXT/LEARNING MATERIALS:**

Lectures, A.V. resources, class discussions, demonstrations, practice labs, worksheets, written assignments, case study.

**TEXTBOOKS;**

- Andrews, H.A. and Roy, Sister C. Essentials of the Roy Adaptation Model, Appleton Century Crofts, Norwalk, Connecticut, 1986.
- Bobak, I. and Jensen, M. Essentials of Maternity Nursing, 2nd edition, C.V. Mosby Co., Toronto, 1987.
- Cameron, M.C., Decou, M.L. Health Workbook, May-June, 1987 (to be purchased from College Campus Shop).
- Cameron, M.C., Decou, M.L. Regulation of Temperature Workbook, May-June, 1987 (to be purchased from College Campus Shop).
- Cameron, M.C., Decou, M.L., Hobbs, V., Lewis, E., Price, M. and Wamock, B. Roy's Adaptation Model and the Nursing Process Workbook, May-June, 1986 (to be purchased from College Campus Shop).
- Clark, J., Queener, S. and Karb, V. Pharmacological Basis of Nursing Practice, C.V. Mosby Co., Toronto, 1990.
- Gettrust, K.V., Ryan, S.C. and Engelman, D.S. Applied Nursing Diagnosis, Guides for Comprehensive Care Planning, Delmar Publishing Company, Nelson Canada, Toronto, 1985.
- Hurtibise, M. Biology 101-5 Workbook, revised June 1989 (to be purchased from College Campus Shop).
- Jaffe, Marie S. and Ison, Kathryn A. Laboratory and Diagnostic Cards, C.V. Mosby Co., Toronto, 1988.
- Kozier, B. and Erb, G.L. Fundamentals of Nursing - Concepts and Procedures, 3rd edition, Addison-Wesley Publications, Menlo Park, California, 1987.
- Kozier, B. and Erb, G.L. Techniques in Clinical Nursing, 3rd edition, Addison-Wesley Publications, Menlo Park, California, 1989.

Miller & Keane. Encyclopedia and Dictionary of Medicine, Nursing and Allied Health, 4th edition, W.B. Saunders Co. (economy version)

Osis, M. Dosage Calculations in SI Units, C.V. Mosby Co., Toronto, 1986.

Skidmore-Roth, L. Indication Cards for Clinical Use, Appleton & Lange (Division of Prentice-Hall), Toronto.

Smith, G. and Davis, P. Medical Terminology - A Programmed Text, 5th edition, John Wiley & Sons, Inc., Toronto, 1987.

Storch, J. Patient's Rights, Ethical and Legal Issues in Health Care and Nursing, J.B. Lippincott & Co., Toronto, 1982-

Thibodeau, Gary A. Anatomy and Physiology, Times Mirror/Mosby College Publishing, Toronto, 1987.

Vaccaro, E. Foundations of Psychiatric Mental Health Nursing, W.B. Saunders Company, Toronto, 1990.

Whaley, L.F. and Wong, D.L. Essentials of Pediatric Nursing, 2nd edition, C.V. Mosby Co., Toronto, 1985.

Williams, S. Essentials of Nutrition and Diet Therapy, 5th edition, C.V. Mosby Co., Toronto, 1990.

VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION: (title, publisher, edition, date, library call number if applicable)

VIII. SPECIAL NOTES!